

STARFIELD RESOURCES INC. (Tier 1)

PRESS RELEASE

Corporate Office:
Suite 420-625 Howe Street
Vancouver, BC CANADA
V6C 2T6

Tel: (604) 608-0400 Fax: (604) 608-0344
Toll Free: (877) 233-2244 Email: corporate@starfieldres.com
Website: <http://www.starfieldres.com>

August 13th, 2004
#SRU-14-04

SRU – TSX.V
SRFDF – OTC BB

Page 1 of 1

Ferguson Lake Nickel-Copper-Cobalt-Platinum-Palladium Project, Nunavut, Canada

NEW DIRECTOR APPOINTED

The Company is pleased to announce that Mr. Ross Glanville has joined the Board of Directors.

Mr. Glanville specializes in valuations of public and private mineral exploration properties and producing mines, as well as providing fairness opinions and litigation support (such as being an expert witness in court cases involving valuation disputes) related to financial, technical, and marketing issues. Mr. Glanville graduated from the University of British Columbia in 1970 with a Bachelor of Applied Science Degree (Mining Engineering) and became a member of the Association of Professional Engineers of British Columbia in 1972 (P.Eng.). In 1974, he obtained a Master of Business Administration Degree (MBA), specializing in finance and securities analysis. In 1980, he became a member of the Certified General Accountants of B.C. (CGA).

Mr. Glanville has valued more than five hundred mining/exploration properties and/or companies in Canada, the U.S.A., Australia, and Mexico, as well as over one hundred and fifty in many other areas of the world, including Africa, South America, Europe, and Asia. He has formed public companies (listed on the Toronto Stock Exchange, the Australian Stock Exchange, NASDAQ, and the TSX Venture Exchange) and has served on the Boards of Directors of three companies with producing mines. Mr. Glanville has also acted in more than 50 court cases and assessment appeal board hearings in Canada, the U.S.A., Australia, and the U.K. He has written several articles, and given many presentations, related to the valuation of exploration and mining companies. Some of these articles were published by the United Nations, the Society of Mining Engineers, and by various Canadian magazines and newspapers.

Mr. Glanville has provided more than two hundred fairness opinions for mergers, amalgamations, and acquisitions of public and private companies. These assignments were undertaken for investment dealers, regulatory bodies (including stock exchanges), banks, various government agencies, venture capital firms, forestry companies, mining and exploration companies, oil and gas companies, and others.

Management welcomes the addition of Mr. Glanville and his experience to the board, and looks forward to his involvement and guidance as the Company continues its advancement of the Ferguson Lake, Nunavut, Canada project.

On behalf of the Board of Directors,

“Glen J. Indra”

Glen J. Indra, President

This communication to shareholders and the public contains certain forward-looking statements. Actual results may differ materially from those indicated by such statements. All statements, other than statements of historical fact, included herein, including, without limitations statements regarding future production, are forward looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. The TSX Venture Exchange has not reviewed and does not accept responsibility for the adequacy or accuracy of this release.